On Fire

EXPERIENCING LASTING GODLY CHANGE

Part 3 of 3 in the Be Transformed Series
Dear Harvest Family,

What an adventure we have been on this ministry year! We will be digging deep into the awesome character of our God and His amazing plan of life transformation for us.

All too often we hear the Bible used as a tool to manipulate shame or control behavior. But that is not God’s purpose. He has unfolded a story that includes His love, His power, His presence, and His glory. He has revealed to us how He will work in the broken hearts of man to put on display His awesome glory.

In a 3-part series we have looked at our identity in Him, our struggle with self, and how we can experience lasting God-honoring victory and change.

This third series now walks us through a lifealtering journey. We will learn to not simply muscle changes in our life, controlling external behaviors. It is time for us to partner with God as He does the work of heart transformation, one degree of glory at a time.

I am praying that you are stunned by His greatness, humbled by His holiness, and transformed by His glory. May God rock you this ministry year!

In Him,

Pastor Tim
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No endeavor should be undertaken without bathing the decisions and steps in prayer. Our request is that each Sunday service, each time in daily reading, and each Impact Group night will have these requests as a focus.

**My Prayer Goals**

- Make the name of Jesus Christ famous (1 Jn. 1:2)
- Grasp the greatness of my God (Ps. 145:3-7)
- Be unified as one body (Eph. 4:1-6)
- Drink deeply of abundant joy in my God (2 Cor. 8:2)
- Glorify God as I am shaped by Him (1 Cor. 10:31)
- Identify what in me needs to be transformed (Ps. 139:23-24)
- Repentantly hand over all of me to Him (2. Cor. 3:16-18)

So what’s the plan? Glad you asked. The next couple of months are designed to walk us as a body through a divine adventure. Our sermons, Impact Group times, and daily reading plans will all dovetail. Total immersion in one direction... God being glorified in the end!

This booklet will be your road map. Each day of each week is completely defined within this booklet. This and your Bible are all you will need for the next two months.

So here is what we are asking you to do...

**Your Steps**

- Attend Sunday service each week
- Attend Impact Group
- Read the Bible each day from the daily reading plan
- Allow God to stir your heart
True heart transformation is about so much more than self-pleasure or comfort. It is about us healed and Him glorified!
SERMON NOTES
THE PURPOSE: GOSPEL DEEP
ROMANS 16:25-27

Intro:

1. We __________ Him who is ________ (25, 27)

2. He strengthens with a ________

   a. According to the good ________ (25)

   b. According to the revealed ________ (25)

   c. According to His eternal ________ (26)
3. He _______________ with purpose... ______________ of faith (26)
Opening: Read Romans 16:25-27. From this passage, what truths impacted you the most?

1. Share a time when you experienced God’s strength in the midst of your weakness. In what way did God strengthen you in that time?

2. What hope do the following passages give you about God’s strength?
   a. John 1:1-5
   b. Romans 11:33-36
   c. Ephesians 3:14-21
   d. Colossians 1:15-20

3. In what area(s) of your life (relationships/attitudes/actions) do you need to let God strengthen you?

4. How does our obedience reveal the genuineness of our faith?

Application: In what areas of your life do you struggle with obedience? What is one step you’ll take towards obedience?
True heart transformation can only occur with a power so forceful it also was used to speak this world into existence. Let God unleash His power in you!
1. We must bask in the _________ of the Holy Spirit to experience true heart ________________ (2 Cor. 3:16-18)

2. _________: True growth requires our worshipful ________ (Phil. 2:12)

3. _________: True growth requires God’s power unleashed upon our heart (Phil. 2:13)

4. ___________: True growth is directed by the revealing of God in His _________ (Phil. 2:14-16)
**EXALT**

Behold | Be Still | Be Filled

**ENCOUNTER**

In Creation | In His Word

**ENGAGE**

Follow Through

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**Reading plan**

**MONDAY**

- Psalm 57:1-11 - Be exalted, O God!

**TUESDAY**

- Philippians 1:1-11 - He will complete His work in you

**WEDNESDAY**

- Philippians 2:1-11 - Follow His example

**THURSDAY**

- John 15:1-11 - Abide in Him

**FRIDAY**

- Psalm 19:1-6 - Encounter Him in creation
Opening: Read 2 Corinthians 3:16-18 and Philippians 2:12-16. From these passages, what truths impacted you the most?

1. Where have you seen God transforming you over the past year?
   a. What is God’s role in our transformation?
   b. What is our role in our transformation?
   c. Why do we try to muscle our way through transformation?
   d. How do we try to muscle our way through transformation?

2. How/Why does our “basking” in the glory of God lead to true heart transformation?

3. What do the following verses say about the way we live out our faith?
   a. Psalm 57:7-10
   b. Philippians 2:1-4
   c. 1 Peter 4:8-11

4. Which of the three areas (Engage/Exalt/Encounter) is your strongest? Which is your weakest?

Application: What things have you been grumbling and complaining about where you need God to transform your heart? How will you hand those over to God?
True heart transformation starts with meeting the God of the universe. Just look around you... He has revealed some of His grandeur there.
1. _______ : His ___________ declares His glory (1)

2. _______ : His creation is a speech without ___________ that is declared everywhere (2-4)
3. _______: His character is revealed in the majesty of _________ (5-6)
Opening: Read Psalm 19:1-6. From this passage, what truths impacted you the most?

1. In regards to verse 1:
   a. List some facets of God’s creation that stir up your worship.
   b. How do they help you to worship?
   c. What are some ways you can ramp up your worship in this area?

2. What do the following verses teach you about the significance of God’s creation?
   a. Psalm 95:4-5
   b. Isaiah 43:18-20
   c. Romans 1:20
   d. Hebrews 11:3

3. How can you use God’s creation as a tool to share the Gospel?

4. What do you learn about the character of God from Psalm 19:1-6?

Application: How are you doing at giving honor to God for His power and majesty? What obstacles do you need to set down in order to give Him more honor?
True heart transformation starts with meeting the God of the universe. Just look into His Word... He has revealed the depths of Himself there.
ENCOUNTER: SEEING HIM IN HIS WORD
PSALM 19:7-14

1. _________: _________ my King. _________ His Word (7-9)

2. _________: _________ my King. _________ His Word (10-11)
3. _______: _________ my King. _________ His Word (12:14)
Impact Group Questions

Opening: Read Psalm 19:7-14. From this passage, what truths impacted you the most?

1. Why do we get so intimidated by studying God’s Word?

2. From Psalm 19:7-10:
   a. What qualities are listed about God’s Word?
   b. What benefits are listed about God’s Word?
   c. Which benefit resonates the most with you? Why?
   d. How have you seen these benefits in past circumstances or a current circumstance?

3. Go over the 4 steps to a power time in the Word.
   a. Which step is most challenging to you? Why?
   b. Which step seems easy to you? Why?
   c. What is one way you can go after growth in this area?

Application: What areas of your speech ("words of my mouth") or attitude ("meditation of my heart") do you need to ask God for transformation?

What steps will you take to encounter God in His word?
True heart transformation requires stepping into passionate exaltation of the God you have encountered. Praise, thank and confess.
1. __________: He ________ every detail of my life and ________ supreme (1-6)

2. _______: He is _________ everywhere and I am never left ________ (7-12)
3. ___________: He has intricately ____________ me with great purpose (13-18)

4. _________________: He is ____________ than all others, and His eternal ways are ________ for me (19-24)
Impact Group Questions

Opening: Read Psalm 139:1-24. From this passage, what truths impacted you the most?

1. Think of a situation/struggle you’re currently going through. Looking over the passage, what character traits of God give you hope in this situation or struggle?

2. What do the following passages tell you about God’s character?
   a. Psalm 27:4-10
   b. Psalm 94:17-19
   c. Romans 8:26-30

3. Psalm 103:5 says, God “satisfies you with good so that your youth is renewed like the eagles.” What obstacles keep us from believing that centering our lives on God is satisfying?

4. Why is it difficult to pray verses 23-24? Pray through these verses. Is there an area in which God is revealing a need for confession?

Application: In what area of your life are you afraid that God won’t satisfy you? What steps will you take to surrender it to Him?
True heart transformation requires stepping into passionate exaltation of the God you have encountered. Stop fighting and drop your arms.
1. Seek a whole, ____________ heart in Him

a. __________/Not self-protection (1-3)

b. ________________/Not self-gratification (4)

c. __________/Not self-pity (5)

d. ____________/Not self-rule (6-7)
2. Stop ___________ and ___________ Him as God (8-11)

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Reading plan

**MONDAY**
- Exodus 14:1-31 - The Lord will fight for you

**TUESDAY**
- Psalm 62:1-12 - My soul waits for God

**WEDNESDAY**
- 1 Samuel 17:19-49 - The battle is the Lord's

**THURSDAY**
- 2 Samuel 22:1-20 - The Lord saves

**FRIDAY**
- Ephesians 5:15-21 - Exalt. Be filled with the Spirit
Opening: Read Psalm 46:1-11. From this passage, what truths impacted you the most?

1. What is the most distracting thing in your life right now?

2. In what area(s) of your life do you need to...
   a. ...trust God, and stop worrying about self-protection?
   b. ...be satisfied in Him, not yourself?
   c. ...put your hope in Him and not sit in self-pity?
   d. ...surrender your plans to Him and quit ruling yourself?

3. What is hindering you (a wrong belief; sinful attitude; the past) from trusting, being satisfied, having hope and surrendering in the above areas?

4. What truths about God will help you to choose trust, satisfaction, hope and surrender? (If there is a particular scripture that helps you with this, please share it.)

5. What commands and promises from Psalm 46:1-11 help you to “Be still” or to “cease striving”?

Application: In what ways or situations have you been fighting God? And how do you need to drop your arms in submission to Him and His plan?
True heart transformation requires stepping into passionate exaltation of the God you have encountered. Continually allow the Spirit to have full control.
EXALT: BE FILLED WITH HIM
EPHESIANS 5:15-21

Intro:

1. ________ wisely (15-17)
2. Allow the Spirit to _____________ your life (18-21)

Reading plan

- **MONDAY**
  - John 14:15-31 - The Spirit is our Helper
- **TUESDAY**
  - John 16:1-15 - The Spirit will guide you
- **WEDNESDAY**
  - Ephesians 4:1-16 - Walk in a worthy manner
- **THURSDAY**
  - Ephesians 4:17-32 - Do not grieve the Spirit
- **FRIDAY**
  - 1 Timothy 4:6-16 - Engage: Follow through
Impact Group Questions

Opening: Read Ephesians 5:15-21. From this passage, what truths impacted you the most?

1. Verse 15 says to “look carefully” at how we’re living, and verse 21 talks of “submitting to one another.”
   a. What fears do you have about being accountable?
   b. What struggles do you have about holding others accountable?

   a. List and define the character traits of “wisdom that is not from above.”
   b. List and define the character traits of Godly wisdom.

3. In the following examples, how would a person respond in Godly wisdom vs. worldly wisdom?
   a. A co-worker starts gossiping about another co-worker who you find difficult to like.
   b. You feel that someone close to you is treating you unfairly.

4. Read the following verses and answer the following:
   - John 14:26, Romans 8:26
   - John 16:12-13, Ephesians 4:30
   a. What is the role of the Holy Spirit?
   b. How is this an encouragement/help to you?

Application: Which of the steps to being filled with the Spirit is your biggest challenge? What steps will you take to overcome that?
True heart transformation requires complete follow-through. Application that affects actions and speech will sharpen the soul.
1. ________ yourself for godliness (6-8)

2. Set your ________ on the living God (9-10)
3. Set an ____________ in speech, conduct, faith, love and purity (11-16)

Reading plan

MONDAY
Micah 6:1-8 - He has shown you
Acts 20:17-38 - Pay careful attention
2 Timothy 2:14-26 - Pursue godliness
Titus 2:1-15 - Model godliness
Hebrews 10:19-25 - Draw near
Opening: Read 1 Timothy 4:6-10. From this passage, what truths impacted you the most?

1. If someone followed you around for a week, what would they say you are “training” for?

2. List some ways we can train ourselves for godliness.

3. What things do we set our hope on instead of God?

4. Give examples of how we do and don’t model Christ in our:
   a. Speech
   b. Conduct
   c. Faith
   d. Love
   e. Purity

   a. What does God want us to avoid?
   b. What does God want us to pursue?
   c. What reasons are given for avoiding/pursuing these things?

Application: Think of those who you are closest to. What kind of example are you setting for them? In what areas do you need God’s help to better set an example in speech, conduct, faith, love and purity? What steps will you take to pursue those?
Additional Tools
UNRESTORED HEART

Anger
“God isn’t in charge.”

Footlooseness
“God isn’t enough.”

Pride
Unbelief

Despair
“God isn’t loving.”

Fear
“God isn’t able.”

RESTORED HEART

Surrender
“God is fully in charge.”

Humility
Faith

Satisfaction
“God is enough.”

Hope
“God is loving.”

Trusting
“God is able.”

Hope
God’s promises
God’s purposes

Trusting
God’s sufficiency
Wisdom from God
Dependent on God

Satisfaction
God’s supremacy
Yield to God
Believing in God

God’s purposes
“God is able.”

God’s promises
“God is loving.”

Hope
“God is loving.”

Satisfaction
“God is enough.”

Humility
Faith

Surrender
“God is fully in charge.”

Footlooseness
“God isn’t enough.”

Pride
Unbelief

Despair
“God isn’t loving.”

Fear
“God isn’t able.”
ADDITIONAL TOOLS

Steps to healing from Fear

Identify/Diagnose:
1. Do I become anxious when facing the unknown?
2. Do I fear that something bad will happen to me?
3. Do I resist giving up control in situations?
4. Do I get anxious about what others think of me?
5. Do I make decisions based on what pleases others?

Encounter:
Dig deep into God’s Word and bathe in the glory of the God who protects, provides and can be trusted.

Ps. 139:1-24
Ps. 145:1-21
Rom. 8:21-30
Isa. 41:13
Isa. 42:10-17
Isa. 42:16
Ps. 18:1-19
Ps. 27:14
Ps. 46:1-10

Four questions to ask as you explore each passage above:

1. God’s Character: Who is God in this passage?
2. God’s Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:
Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe
  Inhale: Praise and Thank
  Exhale: Confess

Engage:

- What purpose might God have in this?
- How might you face this fear with a full trust in God?
- Step out in trust
ADDITIONAL TOOLS

Steps to healing from Despair

Identify/Diagnose:
1. Do I struggle with having enough energy to do daily tasks?
2. Do I often feel sorry for myself?
3. Do I tend to isolate myself from other people?
4. Do I concern myself more with immediate relief from pain than with God’s eternal plan?
5. Do I find it hard to believe that God’s promises will help me?
6. Do I keep track of who has hurt me?

Encounter:
Dig deep into God’s Word and bathe in the glory of the God who is good, loving and brings hope...

God is Good and Caring
Ps. 34:1-22
Ps. 130:1-8
Ps. 23:1-11
2 Pet. 1:3-9
Jos. 1:1-9

He is an Ever-Present Help in Trouble
Phil. 2:13
1 Cor. 10:13
Ps. 28:6-8
Ps. 43:18-19
Matt. 11:28-30

He is the Forgiving God – Immediately Forgiving
Eph. 2:4-7
Ps. 145:8-9
Isa. 43:25
Ja. 1:16-17
Rom. 8:1
Ps. 103:10-12
Ps. 145:13-20a

He Lavishes Upon Us
Ps. 5:12
Ps. 16:11
Isa. 30:18-19
Jn. 1:16-17
Ps. 33:18-19
Rom. 8:32
Isa. 40:11
Isa. 41:10
Isa. 43:18-19

Four questions to ask as you explore each passage above:

1. God’s Character: Who is God in this passage?
2. God’s Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

Exalt:
Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe

Inhale: Praise and Thank
Exhale: Confess

Engage:

- What promises of God strike a chord with you?
- What is one step that you could prayerfully take today to address your circumstances?
- Take one step in hope, following your God.
**ADDITIONAL TOOLS**

**Steps to healing from Anger**

**Identify/Diagnose:**
1. Do I get easily irritated?
2. Do others comment that I say the right things, but in the wrong way?
3. Do I keep track of who has hurt me?
4. Do I struggle to forgive even when someone asks for forgiveness?
5. Do I focus more on my rights/desires than on others’ needs?
6. Do I focus more on my rights/desires than on God’s commands?

**Encounter:**
Dig deep into God’s Word and bathe in the glory of the God who is the final authority and is absolutely sovereign.

Ps. 135:1-21  
Isa. 45:1-7  
Ps. 119:137-144  
Ps. 18:25-36  
Rom. 3:10-25  
Phil. 2:1-11

**Four questions to ask as you explore each passage above:**

1. God’s Character: Who is God in this passage?
2. God’s Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

**Exalt:**
Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe  
  **Inhale:** Praise and Thank  
  **Exhale:** Confess

**Engage:**
- Name 2 or 3 authority figures God has placed over you.
- Surrender to your God and those He has placed in authority over you.
ADDITIONAL TOOLS

Steps to healing from Foolishness

**Identify/Diagnose:**
1. Do I concern myself most with personal happiness and comfort?
2. Do I feel like something other than God has control over me?
3. Do I concern myself more with immediate relief from pain than with God’s eternal plan?
4. Do I ignore wise counsel in favor of pursuing my own desires?
5. Do I get easily swayed by “popular” opinion?

**Encounter:**
Dig deep into God’s Word and bathe in the glory of the God who is fully satisfying and sufficient.

- Ps. 135:1-21
- 1 Cor. 2:1-16
- Isa. 58:1-14
- Isa. 55:1-13
- Isa. 40:18-31

**Four questions to ask as you explore each passage above:**

1. God’s Character: Who is God in this passage?
2. God’s Promises: What are His guarantees?
3. My Identity: Who does God say I am?
4. My Responsibilities: What steps am I to take?

**Exalt:**
Based on the truths found about God above:

- Behold (God as seen in passages above)
- Be Still (stop fighting, put down arms)
- Be Filled – Breathe
  - **Inhale:** Praise and Thank
  - **Exhale:** Confess

**Engage:**

- Name 2 or 3 reasons to be satisfied in Him.
- See your pride as a source to this struggle. Decide not to listen to prideful frustrations.
- Deny the self-gratifying step and choose to worship and find satisfaction in your God.
RESOURCES

ENCOUNTER RESOURCES
- ESV Study Bible
- Bible Knowledge Commentary
- Expositor’s Bible Commentary

EXALT RESOURCES
- Journey to Victorious Praying by William Thrasher
- God as He Wants You to Know Him by William Thrasher

Links to each of these resources are available at:
harvestpeoria.org/onfire